

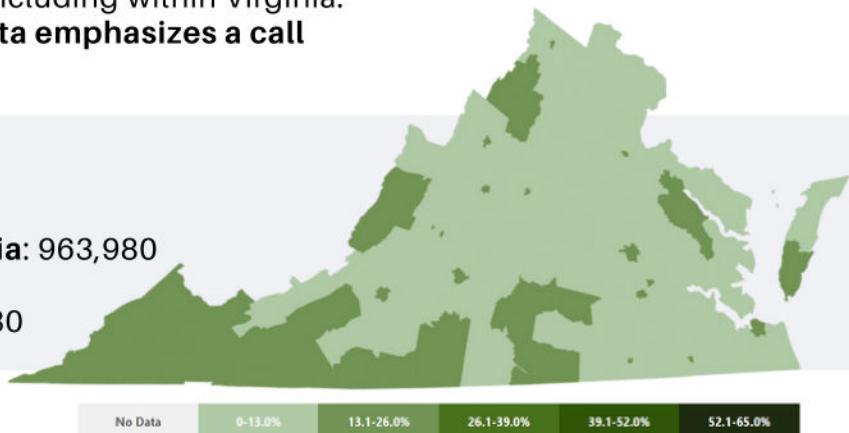
WHAT IS MAP THE MEAL GAP?

Map the Meal Gap, published by Feeding America, is the only study that provides local-level estimates of food insecurity and food costs across the U.S., including within Virginia.

Recently-released findings based on 2022 data emphasizes a call for all of us to take action now.

OVERVIEW

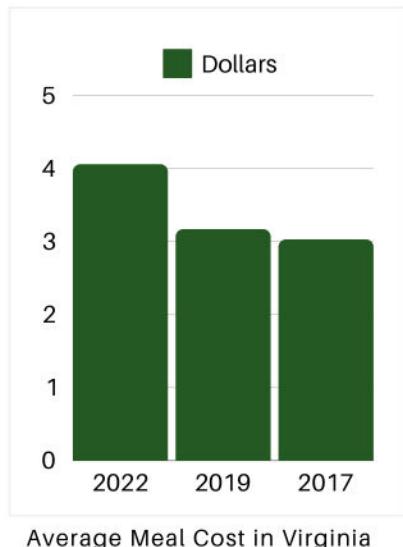
- **Food Insecurity Rate in Virginia:** 11.1%
- **Number of Food Insecure People in Virginia:** 963,980
- **Child Food Insecurity Rate:** 13.6%
- **Number of Food-Insecure Children:** 252,480



1 in 7 of Virginia's children are facing hunger in 2022, a **19%** increase from 2019.

INCREASING MEAL COSTS

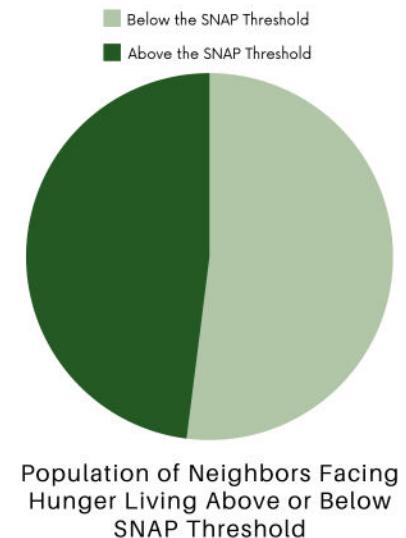
The average cost of a meal in Virginia has gone up by 34% from 2017 to 2022 and is now higher than the national average. Many Virginians struggle to cover this gap, particularly the 52% of those facing hunger above the SNAP threshold.



RURAL VIRGINIA'S HIGH FOOD INSECURITY RATES:

Rural areas in Virginia exhibit the highest food insecurity rates, with the following counties most affected:

- Russell County
- Dickenson County
- Lee County
- Buchanan County
- Norton City



HOW CAN YOU HELP?



Donate: Financial contributions can significantly aid food banks in addressing food insecurity.



Volunteer: Offer your time at local food banks.



Advocate: Support initiatives and policies aimed at reducing hunger.