## Integrating Health & Social Care - A Path Toward Health Equity

By: Meaghan Butler, Mary Brandenburg, Kathy Vesley, and Shanteny Jackson

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## Today's Session



Shanteny Jackson, M.A., CCHW, CSAC

Executive Director
Virginia Community Health
Worker Association



**Mary Brandenburg** 

Director of Population Health Virginia Hospital & Healthcare Association Foundation



**Kathy Vesley** 

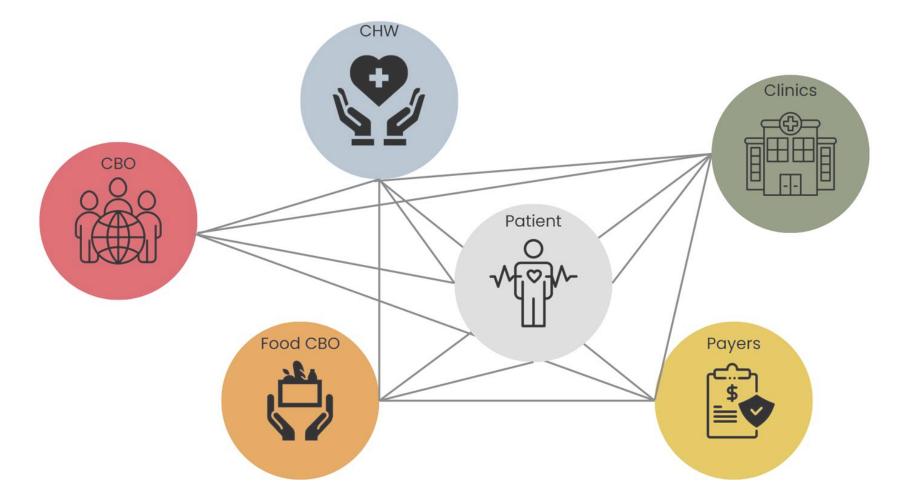
President & CEO
Bay Aging and VAAACares®



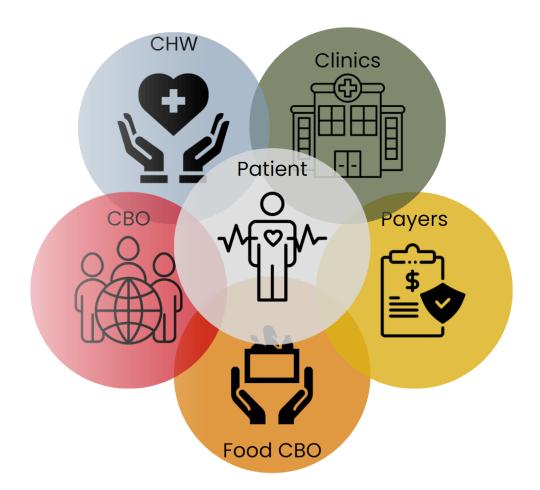
**Meaghan Butler** 

Health Equity Director Federation of Virginia Food Banks

## An example of our collaboration in action...



One seamless experience of getting and staying healthy with support from this crosssector team



### Social-Health Care Integration Continuum – Current State

Patient is screened for food insecurity at health clinic Patient
receives food
on site and is
referred to
local food
bank

separate sectors and experiences

connecting the two sectors

# Social-Health Care Integration Continuum – A Path Forward

Patient is screened for food insecurity at health clinic

Patient
receives food
on site and is
referred to
local food
bank

Patient is seamlessly connected to food, SNAP, WIC, and nutrition education

separate sectors and experiences

connecting the two sectors

social and healthcare integration

insurance is billed as part of care plan

# Leveraging Policy Opportunities to Promote Social-Healthcare Integration

Join our Food is Medicine Coalition



## Medicaid Managed Care Contracts

**Medicaid Waivers** 

Include coordination of HRSN social services as part of MCO care coordination

Encourage or require addressing HRSNs through plan quality metrics and incentive payments and reinvestment strategies

Authorize HRSN services through "In Lieu of Services" (ILOS) and Enhanced Benefits

Include 1115, 1915(b) and 1915(c) Waivers

Target or pilot HRSN services and delivery system approaches

Fund capacity support to providers and CBOs

Fund home and communitybased services and associated social supports





# **Connecting Health and Social Care – Virginia's Health Systems**

Virginia Food is Medicine Summit March 20, 2024

MARY BRANDENBURG, DIRECTOR OF POPULATION HEALTH

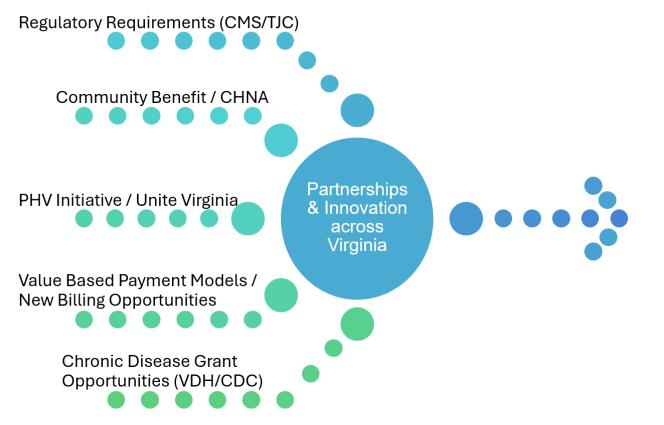




VHHA Foundation, Virginia's hospital and health care philanthropic resource, is dedicated to improving the health and well-being of all Virginians.

501(c)(3) non-profit affiliate of the Virginia Hospital & Healthcare Association





- Equitable, Person-Centered
- Safe & High Quality
- Sustainable
- Strong Healthcare Workforce



#### **Focus on Food**







Statewide& Regional Learning Forums Technical Assistance

Data Analytics





CHW Program Support Referral Coordinator Funding



## Connecting Health and Social Care The Virginia Community Care Hub

Kathy Vesley, President & CEO, Bay Aging and VAAACares®

Bay Aging is a 501(c)3 Area Agency on Aging











#### Services addressing Health Related Social Needs:

- Food, Meals, & more
- Care transition support
- Care coordination
- Chronic disease self-management programs
- Health screenings and assessments
- Healthy Ideas/behavioral health
- Caregiver supports
- Veteran Directed Care
- Medication counseling
- Transportation assistance
- Housing assistance
- Insurance counseling
- Home care
- Fall prevention

Bay Aging/VAAACares® subcontracts some referrals to AAAs

**Patients** 

**Better Outcomes Lower Costs** 



- Contracts
- Referrals
- Reimbursements
  - Data
  - Billing

Bay Aging/ **VAAACares**®

СВО

**CBO** 

CB0

#### HRSN Policy and the Healthcare Landscape

- Medicaid: Virginia State Medicaid leaders encouraging partnerships between MCOs and CBOs. MCOs are
  preparing now for new contracts. Other states using 1115 Waiver to cover services for HRSN, including food.
- <u>Medicare:</u> New Physician Fee Schedule is an opportunity for partnerships between healthcare and CBOs to support linking with social care.
- Medicare Advantage: Nationwide numbers are increasing. MA Plans want to offer benefits that will attract and retain members, have been given flexibility to offer social services for select populations (ex. meals post discharge).
- <u>New payment models</u>: Value-based care pays providers a set amount with flexibility to cover more than just clinical care to reduce costs and improve outcomes. The number of value-based care providers steadily increasing.
- HRSN screening requirements: Hospitals and Health Plans required to screen and "close gaps" in care.



## Case Study Example of one MCO Community Investments in Nutrition

Program Name	Brief Description	CBO / partner
Food Pharmacy	for pregnant women, new mothers and children up to 3 years old in Northern Virginia, community agencies for food access paired with local pharmacy (Walnut Hill Pharmacy), patients with diabetes, Norfolk Food Ecosystem project	Capital Area Food Bank , FeedMore, St. Paul's Community Development Corp
Project Shine	(Staying Healthy through Improved Nutrition and Exercise) culturally and linguistically appropriate diabetes management, chronic disease management, healthy living cohort classes and health promotion	Korean Community Service Center of Greater Washington
Food Bank	medically tailored food options and information about chronic medical conditions into the online ordering system for food pantry network partners in Northern Virginia. The medical conditions of focus are heart disease, diabetes, neurological disease, and kidney disease	Capital Area Food Bank
Mobile Pharmacy	Purchase refrigeration equipment for produce-forward programs, such as the Mobile Pantry and OrderAhead.	Fredericksburg Regional Food Bank
SNAP incentive	Focus on low capacity, low technology sellers such as farm stands, rural, immigrant owned convenience stores in SW Virginia and Roanoke Valley	Virginia Fresh Match
Home Delivered Meals	Post discharge from acute care, up to 14 meals	
Breastfeeding Support	Free breast pump and hospital feeding consult	



## THANK YOU!

Questions? Comments?



Kathy Vesley
President and CEO
Bay Aging/VAAACares®
(804)758-2386 Est. 1217
kvesley@bayaging.org
www.bayaging.org





Virginia Community Health Worker Association

#### Mission

The Virginia Community Health Worker Association (VACHWA)
is a space for community health workers (inclusive of all titles)
to network and grow personally and professionally through
education and advocacy.

#### Vision

• We want to see Virginia communities having better health outcomes [so] that individuals and families can live healthier and happier lives.





Community Health Workers

Collaboration and Sustainability





Southwood Resource Center...