



Together, we improve nutrition security and health outcomes for all Virginians.



The Federation of Virginia Food Banks is a collaborative network of seven regional food banks and over 1,100 agency partners dedicated to improving food access throughout the Commonwealth. We leverage our collective strengths to provide groceries for today and lift community voices to advocate for a better tomorrow. Together, we build healthier, more resilient communities.

ABOUT HUNGER IN VIRGINIA

- 1 in 9 Virginians are facing hunger, including 1 in 7 children
- 8 of 10 localities with highest food insecurity rates are rural
- Groceries cost 20% more than they did 4 years ago
- Individuals facing hunger spend an average of \$1,539 more on healthcare every year

HOW DO FOOD BANKS WORK?

Here's how our network distributes over 150 million pounds of food each year.



We acquire bulk food from farms, manufacturers, and grocery stores.

We safely move food to any of the 14 regional warehouses.

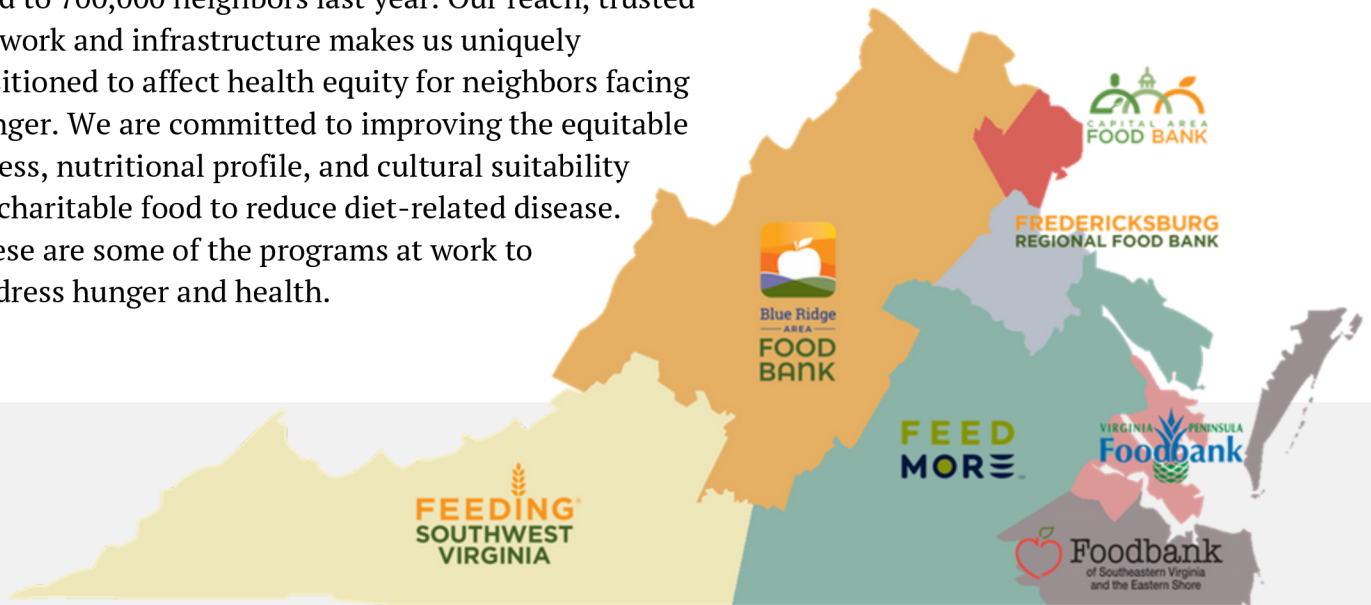
Food is given out through 1,800 local food pantries and program distribution sites.

Virginians have the nutrition we need to thrive.

HOW DO FOOD BANKS HELP?

The Federation of Virginia Food Banks provides a statewide collaborative approach to a healthier Virginia.

The Federation of Virginia Food Banks represents seven regional food banks that served 157 million pounds of food to 700,000 neighbors last year. Our reach, trusted network and infrastructure makes us uniquely positioned to affect health equity for neighbors facing hunger. We are committed to improving the equitable access, nutritional profile, and cultural suitability of charitable food to reduce diet-related disease. These are some of the programs at work to address hunger and health.



Increases access to nutritious foods while supporting Virginia's growers

- 65 agricultural partners supplied 2.8 millions of fresh, local food to families in 2023.



Supports expansion of 20 best practices through assessments, trainings, and grants

- 520 pantries have opted in to focus on nutrition, education, culturally preferred foods, or neighbor experience.



Provides healthy groceries to food-insecure patients in a clinical setting

- 29,000 patients were reached last year, a 65% increase from the prior year.



Join the movement with Virginia's food banks at vafoodbanks.org.