



FEDERATION OF  
VIRGINIA FOOD BANKS

MARCH • 20 & 21



**VIRGINIA FOOD IS  
MEDICINE SUMMIT**

RICHMOND 2024



# EVENT PROGRAM

MARCH · 20 · 2024

## **OPENING PLENARY: CONNECTING HEALTH SYSTEMS & FOOD IS MEDICINE**

Noah Cohen-Cline, *The Rockefeller Foundation*  
Dana Thomas, *The Rockefeller Foundation*  
Alexandra Lewin Zwerdling, *Fruitful LLC*

**12:00 PM - 2:00 PM**

**James CD**

General Session  
with Lunch

## **BREAKOUT SESSION 1**

### **BETTER HEALTH STARTS WITH TRUST**

Chlo'e Edwards, *New Virginia Majority*  
Monica Kelley, *Blue Ridge Area Food Bank*  
Abby Calvert, *Augusta Health*  
Erika Huddleston, *Loudoun Hunger Relief*  
Nicole Salinas, *Federation of Virginia Food Banks*

**2:15 PM - 3:30 PM**

**James A**

Breakout Session

### **CONNECTING HEALTH & SOCIAL CARE - A PATH TOWARD HEALTH EQUITY**

Mary Brandenburg, *VHHA Foundation*  
Shanteny Jackson, *Virginia Community Health Worker  
Association*  
Kathy Vesley, *Bay Aging / VAAACares*  
Meaghan Butler, *Federation of Virginia Food Banks*

**James CD**

Breakout Session

### **THE VALUE OF EVALUATION: ENHANCING YOUR ORGANIZATION'S PROCESSES, OUTCOMES & IMPACT**

Susan Topping, *Capital Area Food Bank*  
Maureen McNamara Best, *Local Environmental  
Agriculture Project*  
Lesley McPhatter, *UVA Dialysis/Morrison Healthcare*  
Jennifer Walsh, PhD, RD, *James Madison University*  
Michelle Hesse, *James Madison University*

**James B**

Breakout Session

## **BREAKOUT SESSION 2**

**3:45 PM - 5:00 PM**

### **ENHANCING COMMUNITY HEALTH THROUGH COLLABORATIVE SCREENING & REFERRAL STRATEGIES: THE EVOLUTION OF A CBO-HEALTHCARE PARTNERSHIP**

Allison Hallberg, *Feed More*  
Virgil Phillips Jr., *VCU Health*  
David Waidelich, *Feed More*  
Tyler Agee, *VCU Health System*

**James B**  
Breakout Session

### **INNOVATIVE PARTNERSHIPS TO REACH UNDERSERVED POPULATIONS**

Jeff Domingus, *Harrisonburg Community Health Center*  
Heather Strock, *Sentara Healthcare*  
Erin Lingo, *Shalom Farms*  
Stephanie Toney, *CHW Strength*  
Allison McGee, *Feeding Southwest Virginia*  
Meaghan Butler, *Federation of Virginia Food Banks*

**James A**  
Breakout Session

### **TRANSFORMING HOW WE SERVE OUR COMMUNITIES- AN INTRODUCTION TO THE HEALTHY PANTRY INITIATIVE & ROUNDTABLE DISCUSSION**

Cassie Edner, *Virginia Poverty Law Center*  
Harmonie Taddeo, *Western Fairfax Christian Ministries*  
Kellie Del Signore, *Virginia Cooperative Extension - Family Nutrition Program*  
Monica Davis, *Loaves & Fishes Food Pantry*  
Sydney Orgel, *Feed More*  
Kara Snapp, MPH, *Blue Ridge Area Food Bank*

**James CD**  
Breakout Session

**RECEPTION**

**5:00 PM - 6:30 PM**

**DINNER ON OWN**





# EVENT PROGRAM

MARCH · 21 · 2024

## **PLENARY PRESENTATION WITH BREAKFAST**

*Presentation to start at 8:15*

**7:30 AM - 8:30 AM**

**James CD**

General Session  
with Breakfast

## **CENTERING OUR NEIGHBORS IN FOOD IS MEDICINE PANEL**

*Kofi Essel, Elevance Health*

*Radha Muthiah, Capital Area Food Bank*

*Heather Thomas, Capital Area Food Bank*

*Jerry Jones, Feeding America*

*Rickeya Feggans, RDN, Feeding America*

**8:30 AM - 9:30 AM**

**James CD**

General Session

## **BREAKOUT SESSION 3**

### **SPARKING CHANGE WITH HEALTH POLICY: LESSONS LEARNED FROM THE NATIONAL FOOD IS MEDICINE MOVEMENT**

*Katie Garfield, Center for Health Law & Policy*

*Innovation, Harvard Law School*

*Kim Prendergast, Community Care Cooperative*

*Gideon Adams, Food Bank of Central & Eastern  
North Carolina*

*Natasha Pernicka, The Alliance for a Hunger Free  
New York/The Food Pantries for the Capital  
District*

*Eddie Oliver, Federation of Virginia Food Banks*

**9:45 AM - 11:00 AM**

**James B**

Breakout Session

**THE FOOD IS MEDICINE CONTINUUM: HEALTH AND COMMUNITY FOOD SYSTEMS INTEGRATION**

Rachel Burks, *Carilion Clinic*  
Lesley McPhatter, *UVA Dialysis/Morrison Healthcare*  
Elizabeth Borst, *Virginia Fresh Match*  
John Trant, *The Neighborhood Harvest*  
Maureen McNamara Best, *Local Environmental Agriculture Project*

**Shenandoah Room**  
Breakout Session

**THE INTERSECTION OF FOOD IS MEDICINE, FOOD JUSTICE, & FOOD SYSTEMS**

Bailey Houghtaling, *Gretchen Swanson Center for Nutrition*  
Tom McDougall, *4P Foods*  
Tyrone Cherry, *Petersburg League of Urban Growers*  
Meredith Ledlie Johnson, *Virginia Cooperative Extension - Family Nutrition Program*

**James A**  
Breakout Session

**NETWORKING & ACTION PLANNING**

**11:00 AM - 11:45 AM**  
**James CD**

**USDA ACTIONS ON FOOD & NUTRITION SECURITY**

Sheila Fleischhacker, PhD, JD, RDN, *USDA*

**11:45 AM - 12:30 PM**  
**James CD**  
General Session  
with Lunch

**CLOSING PLENARY: CROSS-SECTOR COLLABORATION FOR POPULATION HEALTH**

Kelly Cannon, *Virginia Hospital & Healthcare Association*  
Rachel Fisher, *HHS Office of Disease Prevention & Health Promotion*  
Sheryl Garland, *VCU Health*  
Eddie Oliver, *Federation of Virginia Food Banks*

**12:30 PM - 1:30 PM**  
General Session



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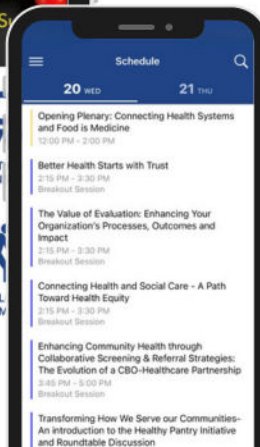
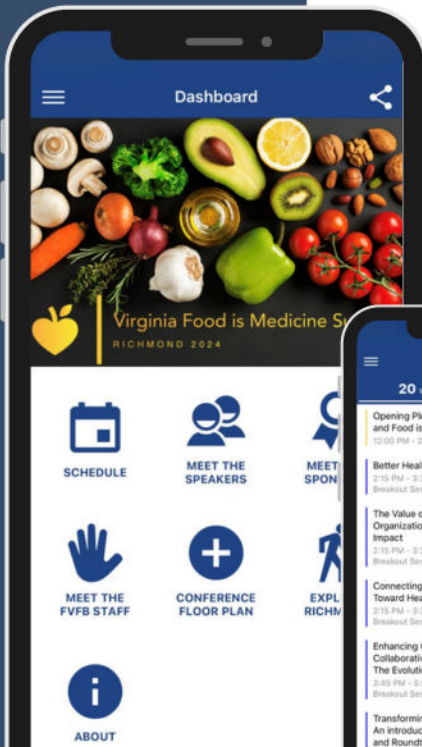


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### THANK YOU FOR ATTENDING!

Thank you for joining us at the 2024 Virginia Food is Medicine Summit! Your contributions and engagement will make this event a success. Let's continue working together to promote health and wellness in our communities through the power of food.

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